

Gold Canyon Newsletter

June / July 2024

Published bi-monthly by Neighborhood News, Inc.



BOARD MEMBERS

Lance Schultze

Vergel Casunuran

David Irwin

SPECTRUM CONTACT:

Kimberly Morse
Community Manager
kmorse@spectrumam.com

210-483-8133

Please contact me with any specific account or HOA questions.

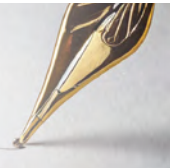
How to Submit Articles for the Newsletter

If you have any information or any interests, suggestions or ideas to be considered for our newsletter, please email Kimberly Morse at: kmorse@spectrumam.com

We Would LOVE to hear from You!

MESSAGE

From The HOA Board



As of June 3rd Robert Scales resigned his seat on the Board of Directors. At the Q2 HOA Board meeting, the Board of Directors appointed a homeowner to fill and serve the remainder of that board term through 2025. Please help us welcome Vergel Casunuran to the Board of Directors. Join us for the next HOA Board meeting so you can meet your HOA board members.

Q3 HOA Board Meeting:

We will have a representative from CPS at the Q3 meeting (date to come) to speak about 811 services. This is also the meeting in which the HOA budget and assessments are set for 2025. Please join us for this meeting & be part of the important discussions for the community.



Mark Your 2024 Calendar

JUNE 2024

June 16 - Father's Day

June 19 - Juneteenth

June 20 - 1st Day of Summer

JULY 2024

July 4 - Independence Day

AUGUST 2024

August 9-11 - Tax Free Weekend

SEPTEMBER 2024

September 6 - Labor Day

BEAT THE HEAT:

CITY OF SAN ANTONIO SHARES EXTREME HEAT SAFETY REMINDERS AND TIPS



S A N
ANTONIO

(May 22,
2024) –

The City of

San Antonio reminds all residents to prepare now to stay cool during extreme heat. A top priority for the City is ensuring all residents, especially vulnerable populations, and pets are safe during a heat event.

Places to stay cool are open to provide the community relief from the expected high heat. These locations will remain open during normal operating hours and include libraries, senior centers, and park community centers.

For a list of the City of San Antonio's places to stay cool, visit: San Antonio Office of Emergency Management. For more information, call 311 (210-207-6000). Residents can also consider going to a local store, business, or mall to stay cool as well.

METRO HEALTH

Who is at risk?

Adults over 65, children under four, and people with existing medical conditions, such as heart disease and those without access to air conditioning are at highest risk on days with high temperatures.

What can you do?

Staying cool, drinking plenty of water and staying informed are critical precautions to protect oneself. Additionally, people should call and check on their neighbors who may be at high risk and ensure they have access to heat relief and hydration.

During the summer months, outside workers should take extra precautions. Outside workers should drink plenty of water, take rest breaks, find shade or a cool location, dress for the heat and check on their coworkers.

Heat cramps, heat exhaustion and heat strokes are possible health effects. Symptoms of a heat stroke include high body temperature (103°F or higher) hot, red, dry or damp skin, fast, strong pulse, headache, dizziness, nausea, confusion or losing consciousness. If a person exhibits any of these signs, move the person to a cooler place and call 911 or your local emergency number immediately. Do not put yourself in harm's way and stay cool. Use cool rags, cold packs, encourage the person to drink water, fan the individual, and inform the person of status while waiting for EMS.

Never leave children or pets alone in vehicles. If you see a



child or pet locked in a hot car or in the back of a truck, act immediately. Write down the car's description (including a license plate number). Call 911 immediately.

If regarding a pet, call Animal Care Services at 311 (210-207-6000). Per City ordinance, both Police and Animal Care Officers have the right to break a car's window if a child or animal is endangered inside a vehicle.

Keep Cool

Stay in an air-conditioned place as much as possible. Take cool showers or use a spray bottle to mist yourself with cool water and wear lightweight and loose-fitting clothing. Limit the use of your oven to maintain a cooler temperature in your home. Identify places close to home to keep you cool.

Stay Hydrated

Drink plenty of water. Don't wait until you're thirsty. Remember to avoid alcohol or liquids containing large amounts of sugar or caffeine.

Be Prepared

Check local news for weather forecasts, extreme heat alerts and preparedness tips to safely plan outdoor activities.

ANIMAL CARE SERVICES

Prepare your Pets

Extreme heat can easily put your pet at risk for overheating. The following are some tips to help pets beat the heat:

Always make sure your pets have fresh water and shaded shelter.

Shade is not just a good idea for outdoor pets. It's the law. As is access to fresh water and shelter beyond the all-day available shade. Chain tethers of any type are not allowed at any time of year. It is the law and will have legal consequences if not followed.

Pay close attention to young, elderly, overweight pets, those with short muzzle, or those with thick or dark-colored coats as they are at a higher risk of overheating.

If your pet shows symptoms of heat stress, like excessive thirst, heavy panting, glazed eyes, vomiting, restlessness, lethargy, fever, dizziness, rapid heartbeat, profuse drooling, and unconsciousness, gradually lower their body temperature and get them to a vet immediately.

CPS ENERGY

CPS Energy is closely monitoring the expected high-power demand due to the extreme hot weather, and its power plants are prepared to serve our community.

Energy Saving Tips

CPS Energy reminds customers they can conserve energy during the summer months and peak demand times to help them save money on their bills and lower demand on the

Itch, Ouch, Scratch, It's Bug Season!



Whether you're attacked while working in the garden, enjoying a picnic in the park or lounging by the pool, bug bites and stings are an inevitable summer annoyance. At best, bites and stings can be uncomfortable for a few days; at worst, they can be a serious, life-threatening hazard.

Here are some tips on how to relieve the itch or sting and when to know if you should seek medical attention:

If the bite or sting is mildly painful or itchy, apply over-the-counter medication that contains Benadryl or cortisone for topical relief. Other home remedies, like a applying a paste made from baking soda and water, dabbing on ammonia with a cotton ball, soaking in oatmeal baths or even applying toothpaste to the site may also provide relief.

Whatever you do, **DON'T SCRATCH**. This can cause an infection and leave a scar. And it won't relieve the itch or sting.

If you feel faint, nauseous, dizzy or disoriented, or if you experience rapid heartbeat, difficulty breathing or your lips, tongue or throat swell, call 911 immediately. These symptoms indicate a severe allergy to the insect's venom. Administer an Epi-pen (injectable epinephrine) if one is available and administer CPR if symptoms worsen before emergency personnel arrive. After the episode, follow up with a physician who can determine an allergy prevention treatment.

Stay alert for delayed symptoms around the bite or sting, like redness or swelling, which could indicate an infection or other condition. And see a doctor right away if you have a headache, fever or joint pain within a few days of being bitten. Some insects, like ticks and mosquitoes, can infect their victims with serious, flulike illnesses, such as Rocky Mountain spotted fever, Lyme disease and West Nile virus, which only a physician can diagnose and treat.

Most important, use insect repellent when outdoors and wear light-weight, light-colored clothing over arms, legs and feet to keep insects off your skin. And avoid wearing perfume and fragrances, which can attract bugs.



Protect Your Plants While On Vacation

By Donna Fossum, SAWS Gardenstyle San Antonio

The kids have been out of school awhile and you're planning that much needed summer vacation — maybe for a week or longer. But what will you do about your plants and lawn while you're away?

Just like you would for your pets, it's important to plan ahead to help your plants survive the separation.

Here are a few tips to get you started:

1. If it hasn't rained in the past 10-14 days, water your lawn deeply before you leave. "Deeply" is watering two consecutive days or using a "skip" day. For example, a Monday and Tuesday or a Monday and Wednesday.
2. Vegetable gardens and container plants will need watering every third day or so — enlist the help of a friendly neighbor.
3. Mow the lawn one day before you leave, but don't lower the mower blades as it will stress the lawn.
4. "Deadhead" spent perennials and annual flowers.
5. Add mulch to areas where there is none to help plants retain water and reduce soil temperature.
6. Harvest all ripe or nearly ripe vegetables (Give some to the kind neighbor tending to your garden!). It will soon be time to start the fall vegetables in mid-August.
7. Soak houseplants thoroughly and store them in a bathtub or large cattle trough with a few inches of water; the plants will absorb it as needed through the container drain hole.

Now that you've prepared your plants, rest easy knowing they'll be alive and well when you return. Get out and enjoy that vacation!



ADVERTISE WITH US!

For information send an email to:
SALES@NEIGHBORHOODNEWS.COM

or Call us at:
(210) 558-3160

Published and distributed by:
NEIGHBORHOOD NEWS, INC.
3740 Colony Drive Suite LL100, San Antonio, TX 78230

Articles that appear in the Gold Canyon newsletter do not necessarily reflect the official position of Neighborhood News, Inc. and their publication does not constitute an endorsement therein. The appearance of any advertisement in the Gold Canyon newsletter does not constitute an endorsement by Neighborhood News, Inc. of the goods or services advertised. Neighborhood News, Inc. is not responsible for errors beyond the cost of the actual ad space. Any publication of Neighborhood News, Inc., whether draft or final is the sole property of Neighborhood News, Inc. and cannot be reproduced or distributed in any way, whether in print or electronically, without the express written consent of Neighborhood News, Inc.

Info@NeighborhoodNews.com • www.NeighborhoodNews.com

You Wanna Be Cool?

Call



TIGER SERVICES
AIR CONDITIONING • HEATING • AIR PURIFICATION
344-0060

www.Tiger-Services.com

Same-Day
AC Repair!

(210) 344-0060

TDLR #5678C

Gold Canyon Association Inc.

Based on discussion with homeowners we would like to provide the following resources to reach out to regarding topics presented.

Unightly barrels & maintenance of electrical easement at 1604 & Krugerrand.

TX Dot Maintenance Dept: 210-633-1402
 (800) 558-9368 to report complaints,
 or email: ben.lopez@texgot.gov

Online:

www.txdot.gov/inside-txdot/contact-us/complaints.html



Trimming trees within 10ft of the electrical wires. If your tree(s) need to be trimmed away from electric lines, call CPS at 210-353-2222 or use their Residential Service Request Form.



www.cpsenergy.com/content/corporate/en/about-us/energy-safety/look-up-and-live.html

Damage/Vandalized mail box clusters. – we advise you file a police report for missing/stolen mail. This has expedited responses in the past.



www.usps.com/help/contact-us.htm
www.uspsaig.gov/uspsaig-contact

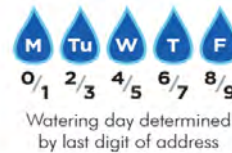
San Antonio Water System
WaterSaver
Coupons & Rewards

Your WaterSaver Rewards points will be awarded within two weeks after you have attended an approved event. If you are interested in signing up for the rewards program or want to learn more information, please visit:

www.gardenstylesanantonio.com/watersaver-rewards/

To view the CPS Calendar of Events, visit:

www.gardenstylesanantonio.com/events/



saws.org/WhenToWater



Please have your dog on a leash **Please pick up after your pet**

United Way Help Line: Dial 2-1-1

2-1-1 is a free, anonymous social service hotline that helps people find information about local resources in their community.

Join
In The Neighborhood
 for a weekly dive into community matters

Scan the QR code below to sign up for insightful discussions and local highlights, landing in your inbox every Friday!

SCAN ME

DID YOU KNOW?

Neighborhood News
 News that's close to home.

- Full service graphic design
- Printing, folding, collating and more!
- Complete mailing services, marketing mail, EDDM, first class, etc

Not only do we publish & print your community newsletter, we also design, print, address and mail for your business as well.

210-558-3160 • sales@neighborhoodnews.com

@neighborpro