Spring Cleaning: 5 Tips to Declutter Your Home

1. A Place for Everything and Everything In Its Place

Everything in your home should have a place. If you don't have a place for it or can't find one, is that item really something you need?

2. Love It or Lose It

We hold on to things for many different reasons, some we can't explain. This rule is a pretty quick decision maker: If you haven't used or worn an item in the last six months to a year, you don't love it. If something no longer fits you, your home, or your aesthetic, you have to lose it.

3. Say Goodbye to Multiples

Everyone has their own weakness in this category. Whether it's a million iPhone chargers or one too many pairs of shoes, we all have certain things we buy multiples of that we simply don't need.

4. Maybe Isn't Yes

How many times have you held on to something because you might use it down the road? The beautiful dress hanging in your closet with nowhere to wear it; the waffle iron wedding gift you've had for two years now and never made waffles. Don't let the fear of possibly needing an item scare you into keeping things you don't need—it's time to say goodbye.

5. Edit, Constantly

Throughout the year, try to evaluate areas as you use them; ask yourself if you need the items you see. You can always sell items that are valuable, but you don't need anymore. Donation gives items a chance for a second life with someone who will appreciate them.

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