



We Are Here To Help

SAWS has many programs and resources to help you avoid the hardship and hassle of a high water bill.

- Purchase a water flow sensor device and we'll rebate you \$150 toward the purchase after it's installed. See all eligible devices at GardenStyleSA.com/sensor.
- Sign up for a monthly WaterSmart report at saws.org/waterSMART. You'll get a detailed description of where and when you are using the most water, as well as tips for reducing indoor and outdoor water use.
- Binge-watch our how-to videos at GardenStyleSA.com/howto and learn the secrets of leak detection, drip irrigation, watering more efficiently and more.

Get Rewarded While You Stay Home

As businesses begin to gradually reopen, many of us will still continue working and teaching at home. Many public events may also be online-only for a little while.

And that's OK, because you can polish up your green thumb right from the comfort of your couch with web-based gardening and landscaping classes. And if you're a WaterSaver Rewards member, you can earn points to cash in for coupons to use toward mulch, plants, garden tools and more!

Three points will get you a coupon for \$30 off the purchase of a rain barrel or garden tool. Earn five points and get a coupon for \$50 off the cost of mulch or compost.

And seven points earns you a whopping \$70 for the purchase of just about any gardening items you want. The GardenStyleSA.com calendar is loaded with rewards-eligible events. Earning points is as easy as taking a short quiz at the end of each webinar. Sign up today at GardenStyleSA.com/rewards.



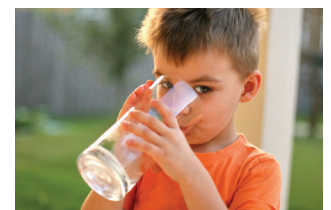
Staying Safe in the Sun

Many people are starting to head outside to burn off the stress of being cooped up for so long. But before you make a mad dash for the great outdoors, remember to drink plenty of water.

Dehydration is a big concern during summertime as it can lead to heat exhaustion, and in more serious cases, heat stroke.

Follow these tips to stay safe in the sun:

- Eat plenty of fruits (berries, apples) and veggies (dark leafy greens, peppers, tomatoes).
- Wear sunscreen.
- Stay hydrated with water and electrolyte drinks. Drink before you feel thirsty because by the time thirst kicks in, your body has already lost too much salt.
- Avoid alcoholic, sugary and caffeinated drinks.



People over the age of 65 and those on heart or blood medication or who are overweight are most susceptible to heat stroke.

Discuss any new exercise programs with your doctor before starting. And try to plan strenuous activity early in the morning or in the evening when it's cooler.